



”ד ניסן תש”פ

April 7, 2020

OHR CHADASH

THE NEWSLETTER

אור חדש

פסח Issue

April 7,

Wednesday

Candle lighting: 7:18 P.M.

From the Desk of Mrs. Rapoport, Head of School

How do we retain a desperately needed sense of normalcy when our lives feel so unfamiliar and uncertain?

This year, everything about Pesach feels different. Family and friends with whom we would typically be enjoying our *sedarim* will not be with us. Those of us who have hosted large *sedarim* in the past are preparing for far fewer around the table. Others are faced with making Pesach for the first time and perhaps doing so alone. Some of us may be sick and some may have recently lost their jobs and are wondering how they will manage. And many of us are just frustrated or overwhelmed trying to keep it all together. Whatever our circumstances, we may be feeling some sense of loss and disappointment. Those feelings are very real and deserve to be acknowledged.

I suggest the answer is to adopt a *Dayenu* frame of mind. *Baruch Hashem*, we have so much to be grateful for. Not in a Pollyannaish sort of way that diminishes the weight of our challenges and concerns, but in an intentional I-choose-to-find-the-good-in-this-experience way.

In *Dayenu*, we thank *Hakadosh Baruch Hu* for taking us out of Egypt, for dividing the sea for us, for feeding us in the desert, for giving us Shabbat, the Torah, and the land of Israel. If you were to write additional stanzas to this (my favorite, btw) seder song, what would your personal *dayenu* be? For the sunshine and the ability to go for a walk outside, *dayenu*. For the roof over our heads, *dayenu*. For our families and for our OCA community, *dayenu*. For our health, *dayenu*. For the courage of the multitude of health care professionals who are risking their own health to take care of those who are sick and for the companies that are shifting their manufacturing focus to produce equipment desperately needed to save lives, double *dayenu*. You fill in what speaks to you.

We are reminded that from the greatest challenges come the most powerful opportunities to learn something new about ourselves, to reevaluate our priorities, and

perhaps to re-envision the lives we want to live. What if we take a deep breath and challenge ourselves to reframe adversity into possibility? With unanticipated time over Pesach to pause, take stock, and to connect with one another and with ourselves, we just may develop a new appreciation for the blessings we have in our lives, or begin to envision a new and brighter path forward that we hadn't considered before .

We needed courage when we were slaves in Egypt to slaughter and eat the paschal lamb, whom the Egyptians worshipped, in order to free ourselves from the bonds of slavery. We braced ourselves with courage to flee Egypt for the unknown, the only land we had known for hundreds of years. Likewise, it takes courage for us now to take each day as it comes and make the very best of it, to find the silver lining. What is most important is that we are in this together. We are not alone. We have *Hakadosh Baruch Hu* and we have one another. *Dayenu*.

חג כשר ושמתו



ECC Update With Leah Golfez

Each day brings about change. Reasons to rejoice, reasons to fear, reasons to laugh, reasons to cry.

We are wondering when the world will return to its state of normalcy as we listen to the news and stories of those around us.

Individuality, Excellence, Community, the three pillars OCA was founded upon are still present in the times of Covid-19.

Individuality - Often, we compare ourselves to everyone else around us, what we think we SHOULD be doing all the time. Perhaps you see so many pictures of other families doing other things with their children and think, "Hey, I should be doing that too." Well right now, it is so important to remember that the most important thing is that you and your children are safe, happy, healthy and that you are taking care of YOURSELF as well. Be kind and compassionate to yourself, doing your best is enough.

Excellence - According to the Oxford dictionary, excellence is defined as, "the quality of being outstanding or extremely good." Building stronger relationships and spending time with your family is being outstanding and extremely good." Around Pesach time, there is so much to do! At times, you may even think to yourself, "I haven't accomplished anything all day because I was taking care of my kids." Pause. Taking care of our children is doing something "outstanding and extremely good." Interacting, supporting and playing with our children is excellence.

Community - Thank G-d for our Zoom community which helps us stick together even while we are not physically at school! (I certainly enjoyed being able to join some of the Zoom calls!) Our administration and teachers are here for you. If your child needs emotional support, reach out; we want to help. If you need additional activity suggestions for your child, reach out. Or, if you think your child would benefit from having a teacher call him or her and speak one-to-one, reach out!

One of the best medicines to get through a rough time is **gratitude**. Expressing gratitude, to ourselves and to others, positively impacts brain functioning, builds resilience, and generates positive emotions, primarily happiness.

According to Harvard Health Publishing, here are practical suggestions to increase your gratitude:

(<https://www.health.harvard.edu/mind-and-mood/in-praise-of-gratitude>)

- **Write a thank-you note.** You can make yourself happier and nurture your relationship with another person by writing a thank-you letter expressing your enjoyment and appreciation of that person's impact on your life.
- **Thank someone mentally.** No time to write? It may help just to think about someone who has done something nice for you, and mentally thank the individual.
- **Keep a gratitude journal.** Make it a habit to write down or share with a loved one thoughts

about the gifts you've received each day.

- **Count your blessings.** Pick a time every week to sit down and write about your blessings — reflecting on what went right or what you are grateful for. Sometimes it helps to pick a number — such as three to five things — that you will identify each week. As you write, be specific and think about the sensations you felt when something good happened to you.

- **Pray.** People who are religious can use prayer to cultivate gratitude.

Meditate. Mindfulness meditation involves focusing on the present moment without judgment. Although people often focus on a word or phrase (such as "peace"), it is also possible to focus on what you're grateful for (the warmth of the sun, a pleasant sound, etc.).

As we come to the Holiday of Pesach which began our freedom, may we be able to free ourselves from negative thoughts and anxiety, and replace it with gratitude. May Hashem send a refuah shelaimah, a complete recovery, to everyone in need. My thoughts and prayers are with our whole community.

Wishing you a joyful and healthy Pesach!
Mrs. Leah Golfez

Counselor Corner With Ms. Jen

Dear Ohr Chadash Families,

I hope that everyone has been doing okay and adjusting to our new normal. With Pesach just a few days away, and still so much uncertainty in the air, it is crucial for our wellbeing that we maintain a positive outlook, and bring a sense of peace, calm, and community into our homes. Last week, I wrote about the many silver linings we can appreciate during this time. One mentioned was in regards to how community members have pulled together and are uplifting one another. There are an abundance of ways community members can boost each other up at this time, like helping to deliver groceries, reaching out to one another just to check in, or sending financial aid to someone in need.

One way that my family has been contributing to our community at this time is through music. In a world where we have been forced to slow down, it seems as though many are finding comfort in music, the universal and timeless language of mankind, which is strongly tied to emotion and spirituality. For the past few weeks, my son and I have been composing our own versions

of classic Pesach songs on the piano, as well as some "originals," and sharing them with others who can reap benefit from them now. We have shared our music through a series of at-a-distance window, driveway, and balcony performances, and through social media. There is something very special about a community joining together in ancient tunes, even through masks and at a six-foot distances from one another. Music sparks a little something in all of us, namely a memory or feeling, and it makes us feel connected, just as we feel in Shul or at the Seder when we all sing and chant together as one. I hope that bringing live music to the community will offer some simcha and feelings of tranquility.

I was privileged to be able to speak to our middle school students at their Zoom assembly on Friday about ways in which they could use their artistic, technological, spiritual, musical, or any other talent, at this time to make a difference in their community. I encouraged them, and I encourage everyone to find a meaningful, crea-

tive, and perhaps unique way, to give a little kindness to your friends, family, and neighbors right now. It doesn't need to cost money or consume a large amount of time. Now more than ever, it's these little acts of kindness that leave the greatest impression, and it feels so good to help! Everything and anything counts, even just a hand waving hello to someone, or mailing a friend a handwritten card. No act of kindness is ever too small, too strange, or too overdone. It's the little things that count as the big things more so now than ever. And please, share with your OCA family what you are doing! We would love to hear about it and give you recognition for your efforts! It is also the time to ask for support when it's needed. No one is judging you, and people truly do want to help right now. We've got this! Wishing everyone the most meaningful Pesach yet, filled with simcha, excitement, traditions, and good memories that will last a lifetime.

Chag Kasher V'Sameach,
Ms. Jen

What's Going on in the OCA Virtual Classrooms *continued*

ECC 2s

This week has been fun! For Story time I read, Stone Soup. "Soup from a Stone, fancy that!" I also read, Caps for Sale. And, guess what? Five Little Monkeys joined us for a counting rhyme! Lastly, Moving and Grooving continues on Storypark for exercising and fun!

Morah Gladys

ECC 3s

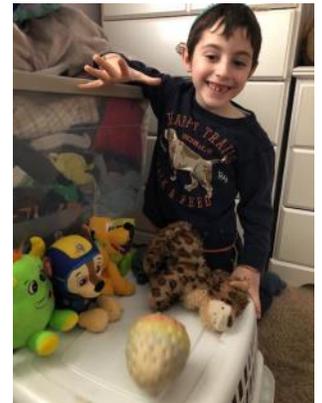
This week, our class was introduced to my friend, the matzahball man. The kids looked for chametz with me and I made some kosher for Pesach playdough. Have a wonderful chag! Morah Leah

ECC 4s

This week in the 4's we have completed our Haggadot in zoom calls, learning and writing the order of the seder, saying the 4 questions and even a little mad science as we explored how our sense of smell and taste work together! Morah Anne

Kindergarten

I have been making fun video lessons about Pesach and the order of the Seder. One of the lessons was on Shulchan Orech (Seder Meal). In the video I made a mock Seder with my children, their stuffed animals, and toy food. We demonstrated how to set up a table and have proper table manners. Morah Aviva



What's Going on in the OCA Virtual Classrooms

First Grade

The fantastic Firsties are continuing their learning remotely like absolute champs! We have three games left of our March Madness Book Tournament. Students have predicted winners are awaiting the Final Four and The Big Game next week. They love the Wheel of Wonder challenges each morning! So far they've dressed in silly costumes for their zoom calls and has 'can't make me laugh' competitions to start their days! They've also started planning and building their recycled arcade games! Mrs. Shar now calls the class the Fantastic -Can't Stop Won't Stop Firsties. They are absolutely amazing. Mrs. Shar



Third Grade

These two weeks have been FULL of learning! Starting before the home-learning and continuing into the technology-based learning, we have gone through the story of Yetziyat Mitzrayim inside the Chumash. Then each student was assigned one chapter of the story of Yetziyat Mitzrayim, portraying the story through their own perspectives. As a class, we wrote the entire story of Yetziyat Mitzrayim as if we went through it. The students made up names and ages and had to pretend what it would be like to be an Ivri going through the Makot and Kriat Yam Suf. Each student also wrote a Dvar Torah about a different topic in the Seder. They are armed and ready to go into their Sdarim to share so many questions and thoughtful answers about Lel Haseder. It has NOT always been easy. But we have persevered (all of us!). Chag Kasher V'Sameach love Kita Gimel!

Morah Abby

Fourth and Fifth Grades

Fourth grade has been hard at work enjoying novel studies and reviewing in math. For our novel study, the students have been completing literature circles at home and collaborating with one another on Zoom to discuss the reading. For math, we've been focusing on one previously learned chapter a day in order to reach full mastery with each skill. In social studies, the students have been taking virtual tours of Ellis Island and enjoying immigration simulation games, which directly relate to the Choose Your Own Adventure genre we had been studying in our immigration project-based learning unit. The students continue to enjoy their daily Flipgrid videos, as well. This week, one student shared that she enjoyed the picture book links that were included in last week's writing assignment so much that she asked her mother to order one for the home. Even digitally, our community is stronger than ever! Aliza Mann

Sixth and Seventh Grade Girls

In both 6th and 7th grade we've been moving along in our curricula. We've had conversations about Moshe, Hashem, and B'nei Yisrael and haven't let the physical distance dampen these spirited discussions. Before Pesach, both classes had a special unit discussing Rashi, his background as well as his methodology.

Mrs. Nagarpowers

STEM Lab

I just co-hosted an optional virtual frog dissection with some amazing 5th graders who chose to hang out on Zoom even though it's almost the weekend/no more classes for the day/Shabbos is coming. Their drive and curiosity is a balm to this stressed teacher! The learning continues! Mrs. McCown-Fleagle

Helpful Resources for the Family

If you or anyone you know needs support or assistance, we want to provide you with the following resources.

Suggested books and activities for students:

Create Coping Skills Champions at Home

<https://copingskillsforkids.com/downloadables>

Dr. Rona Novick, author *Mommy, Can You Stop the Rain*

<https://youtu.be/n7iT43pu4I8>

Hello I Am a Virus, book for young children written in English and Hebrew

<https://www.mindheart.co/descargables>

https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685_0a595408de2e4bfcfbf1539dcf6ba4b89.pdf -

English version

https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685_d73cbd785e9d487ea2cf24d4e46b8af4.pdf -

Hebrew version

The Story of the Oyster and the Butterfly

<https://www.stewartmemorial.org/wp-content/uploads/2020/03/Book-Oyster-Butterfly-1.pdf>

Suggested Readings for Adults:

The Great Unknown: 10 Tips for Dealing with the Stress of Uncertainty

<https://www.apa.org/helpcenter/stress-uncertainty>

The Pursuit of Happiness: Bringing the Science of Happiness to Life

<https://www.pursuit-of-happiness.org/science-of-happiness/>

Organizations and Resources:

Ahavas Yisroel: Helping Baltimoreans Get Back on their Feet, including the most up to date Government resources

<https://jicovid.com/ay-resources-and-financial-govt-aid/>

Jewish Community Services Resource Page: Various/comprehensive community

resources including food pantry and food pick up centers - JCS is assessing community needs: please call the intake line to state the service you need

(410) 843-7394

<http://www.icsbalt.org/COVID19-Resources>

Parents helping parents, online support services based in Massachusetts. Free parenting

hotline for coping with parenting challenges.

(800) 466-9200

<https://www.parentshelpingparents.org/parental-stress-line>

Relief Baltimore, Jewish Mental Health Service referral program. Rabbi Yisrael Slansky

(410) 448-8356

yslansky@reliefhelp.org

www.reliefhelp.org

Shalom Tikva: Child and Family Mental Health Services/Crisis Work

<https://shalomtikvah.org/>

Programs@Shalomtikvah.org (intake email)

CHANA: Shofar Coalition, support for abuse, neglect, domestic violence

(410) 234-0030

<https://chanabaltimore.org/services/>

Amudim: Support/education for abuse

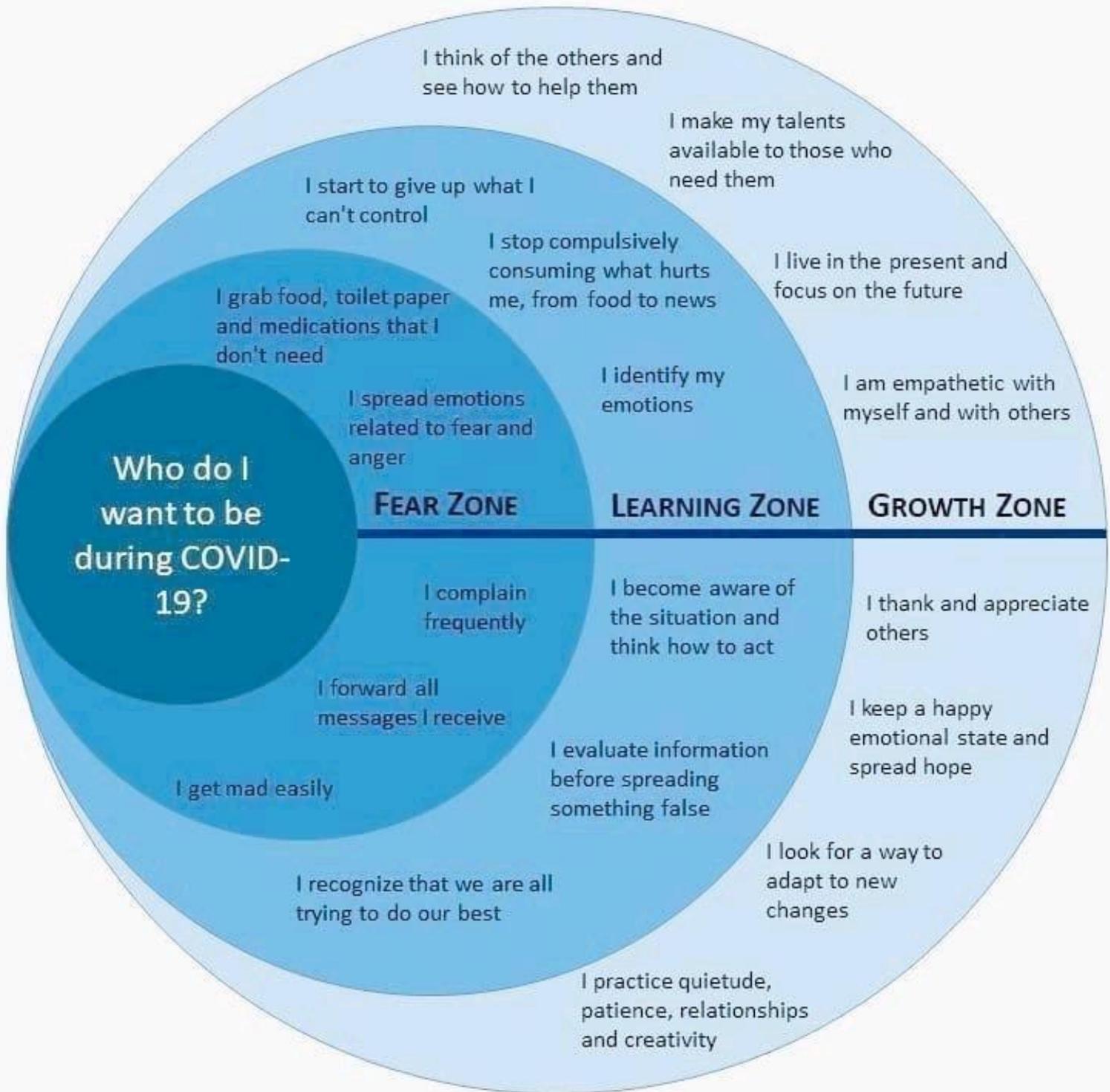
(888) 726-8346

<https://amudim.org/>

The Associated: Jewish Federation of Baltimore

jLINK guide to services including health and wellness, employment, financial, legal, and emergency hotlines, among many others

<http://www.jlinkbalt.org/>

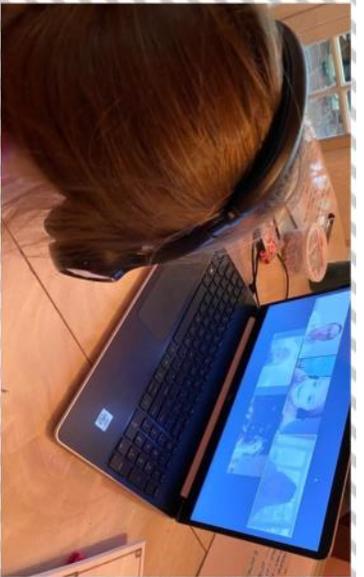
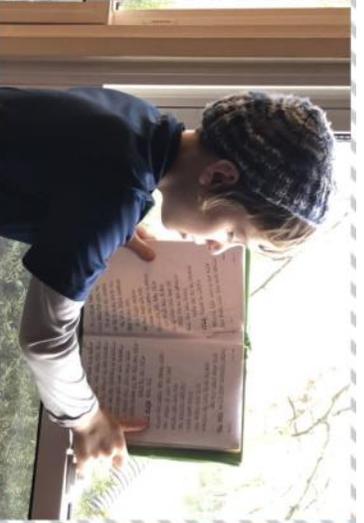


Questions for פסח in ABC Order

ers

A	We talk about these people all the time on Pesach	ancestors
B	When you're making these 2 Brochot one needs to be kept in mind that it goes on something else besides	Shechechyanu, karpas
C	The Jews in Mitzrayim had to cement and mortar; we make this mix to remember that mix.	charosess
D	This is done an unusual amount of times during the Seder	dippings
E	Another form of maror	endives
F	The magicians said that this caused the lice	Finger of Hashem
G	All of these need to speak about Yetziat Mitzrayim	generations
H	On Seder night the obligation is to take this H and make it into H	History-himself
I	We come from this type of humble beginnings	Idol worship
J	The English name of a famous father in law	Jethro
K	The Jews left Mitzrayim laden with enormous amounts of these	Karats of gold
L	The was not enough time for the dough to	Leaven
M	We learn details about the m's from this m	Miracles - midrash
N	This N entered small and exited huge	nation
O	6 at a time was norm for this	One birth
P	Chazal say this P applies to someone who talks a lot about a certain subject at the Seder	praiseworthy
Q	This is especially important to have in the house on erev Pesach	quiet
R	One should NOT do this during marror	recline
S	Not many people know what this actually is – which makes the fact that most have this at the seder even more miraculous	shankbone
T	This hagadah simply wouldn't be the same without this son	tam
U	At Matan Torah we achieved this	unity
V	This V, even if it is wet, we get it wetter	vegetables
W	All through the seder, we consume at least 4 cup of this	wine
X	At kriyat yam suf we are not aware that Miriam played this	Xylophone
Y	This Y gave birth at a miraculous age	Yocheved
Z	This person had a son who taught the obligation to mention Yetzias Mitzrayim at night	Zoma





Question and Answer Cards for the Seder

1. Print out the question and answer cards. Cut out each card.
2. Let your children ask you or each other questions.
3. The cards can be placed under everyone's plates / place mats when the table is laid; they are then informed of their hidden cards later in the evening. A good time for using these is during the meal - "Shulchan Orech." Enjoy! Chinuch.org

<p>Q1 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why do we not eat from the זרוע - the bone - during the סדר?</p>	<p>Q2 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>What do the three מצות at the סדר symbolize?</p>	<p>Q3 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why do we drink four cups of wine at the סדר?</p>
<p>Q4 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why, at the סדר, is each person's wine cup poured by somebody else?</p>	<p>Q5 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>What is the meaning of the word "מגיד"?</p>	<p>Q6 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>What is the meaning of the word "הגדה" ?</p>
<p>Q7 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>What must we not forget to eat right at the end of the סדר meal, and before the middle of the night?</p>	<p>Q8 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Who should ask the four questions of מה נשתנה if there are no children at the סדר ?</p>	<p>Q9 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>How old was Rabbi Akiva when he started learning תורה?</p>
<p>A1 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>...because it would look like we are eating the meat of the קרבן פסח and we can only do that when we have the בית המקדש.</p> <p>(Extra lesson: The word זרוע means 'arm'. This reminds us that Hashem took us out of Egypt with an outstretched arm.)</p>	<p>A2 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <ol style="list-style-type: none"> 1. To show the unity of the Jewish People. One represents the כהנים, the second is the לויים and the third is the ישראלים. 2. To remind us that we were taken out of Egypt in the merit of the three אבות: יצחק יעקב אברהם. 3. To remind us of the three measures of flour that אברהם used to bake מצות for the visiting angels. 	<p>A3 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The four cups remind us of the four words Hashem used to describe how He was going to free us from Egypt:</p> <ol style="list-style-type: none"> 1. וְהוֹצֵאתִי - I will take you out 2. וְהִצַּלְתִּי - I will save you 3. וְגִאֲלְתִּי - I will redeem you 4. וְלָקַחְתִּי - I will take you as My chosen people
<p>A4 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>This shows that tonight we are all like kings, with our own servants to pour for us!</p>	<p>A5 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>הגדה is related to the word מגיד which means "telling."</p> <p>During מגיד We tell the story of how Hashem rescued the Jewish People from מצרים with great miracles and wonders.</p>	<p>A6 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>הגדה means "telling."</p> <p>On this night we tell stories of our slavery in מצרים and about how Hashem brought us out to be His people.</p>
<p>A7 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>We must not forget to eat the אפיקומן right at the end of the סדר meal, and before the middle of the night.</p>	<p>A8 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>If there are no children at the סדר then an adult must ask the four questions in מה נשתנה .</p>	<p>A9 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Rabbi Akiva did not start learning תורה until he was 40 years old!</p>

<p>Q10 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why was the Sanhedrin concerned that people would not respect רבי אלעזר בן עזריה if they would appoint him the leader of בני ישראל ?</p>	<p>Q11 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why does the הגדה teach us about the four sons?</p>	<p>Q12 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>In what ways did the Jewish People behave differently from the Egyptians when they were living in מצרים?</p>
<p>Q13 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>How was it that Moshe and Aharon were able to move about so freely in מצרים , delivering Hashem's messages to פרעה , if they were Jews and the Jews were slaves who had no freedom at all?</p>	<p>Q14 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>משה רבינו is the most important person in the story of יציאת מצרים - the Exodus - and yet his name is mentioned just one time in the הגדה ; how can this be?</p>	<p>Q15 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>How many students did Rabbi Akiva have?</p>
<p>Q16 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The song דינו seems very odd. Would it really have been "enough for us" if Hashem had not given us the תורה , or if He had not brought us into ארץ ישראל , or if He had not built the בית המקדש ?</p>	<p>Q17 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>What did רבן גמליאל say MUST be explained in order for the מצוה of the סדר to be properly fulfilled?</p>	<p>Q18 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>How fast must מצה be kneaded and baked in order to prevent the dough from becoming חמץ?</p>

<p>A10 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The Sanhedrin thought that people would not respect רבי אלעזר בן עזריה if they chose him to be the leader of בני ישראל because he was only 18 years old. Hashem made a miracle and his beard turned white overnight to make him look older!</p>	<p>A11 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Parents have a מצוה to teach their children all about how Hashem freed us and took us out of מצרים . The children in a family will all be different from each other and their parents will need to teach them all in different ways to ensure they understand.</p>	<p>A12 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>When the Jewish People were in Egypt they kept to their own ways of dressing and speaking and they only used Hebrew names. so: CLOTHES, LANGUAGE, NAMES</p>
<p>A13 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>לויים and אהרן were never made into slaves and they sat and learned תורה . They were able to go in and out of the land of Goshen.</p>	<p>A14 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>This is to teach us that it was Hashem who took us out of מצרים . משה was only his messenger.</p>	<p>A15 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Rabbi Akiva had 24,000 תלמידים (students)!</p>
<p>A16 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The meaning of this song (דינו) is that each of these events was a great blessing and favor for us, and even by itself is enough of a reason to praise Hashem.</p>	<p>A17 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>סדר רבן גמליאל said that the מצוה of the סדר can not be fulfilled without explaining, פסח - the Pesach offering מצה - the unleavened bread מרור - the bitter herbs</p>	<p>A18 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The process of making the מצה should take a little less than 18 minutes. The dough will then not rise enough for it to become חמץ .</p>

<p>Q19 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>מִצָּה reminds us of our freedom, מְרוֹר reminds us of our bitter slavery. Now, we were slaves (מְרוֹר) before we became free (מִצָּה) so why do we eat the מְרוֹר after the מִצָּה?</p>	<p>Q20 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>We begin saying הַלֵּל before the meal and then continue afterwards. Surely, the meal is a big interruption in the middle of the הַלֵּל prayer. How can we do this?</p>	<p>Q21 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why do we sing אֶחָד מִי יוֹדֵעַ? at the סֵדֶר?</p>
<p>Q22 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why are the first two nights of פֶּסַח called “סֵדֶר Nights”?</p>	<p>Q23 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why is it best to use red wine for the אַרְבָּעָה כּוֹסוֹת, the four cups?</p>	<p>Q24 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why do we use salt water at the סֵדֶר?</p>
<p>Q25 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why is it necessary to remove with one’s finger or pour out a little wine when mentioning the ten plagues?</p>	<p>Q26 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why is the paragraph “הָא לַחֲמָה עֲנִיא” in Aramaic, whereas the rest of the הַגְדָּה is written in Hebrew?</p>	<p>Q27 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Why is לֶחֶם עוֹנֵי called מִצָּה?</p>

<p>A19 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>This shows us that even before the Jews went down to מִצְרַיִם Hashem had already planned their rescue. Therefore, the מִצָּה (freedom) was already in place before the מְרוֹר (slavery) had started.</p>	<p>A20 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>Our Rabbis teach us that the meal itself is a part of the הַלֵּל prayer and so there is no interruption at all. However, the meal will only be a הַלֵּל, a praise to Hashem, if we keep our conversation during the meal to the הַגְדָּה and the miracles of the יְצִיאַת מִצְרַיִם!</p>	<p>A21 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The song אֶחָד מִי יוֹדֵעַ? can be seen as an answer to the question, “Why did Hashem save the Jewish People from Egypt?” The song lists the merits which made the Jews deserving of being saved: the Ten Commandments, the three אֲבוֹת (Fathers), the Four אִמּוֹת (Mothers), the חוּמֵשׁ, the מִשְׁנָה, the twelve שְׁבֵטִים (tribes) and so on.</p>
<p>A22 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The first two nights of פֶּסַח are called “סֵדֶר Nights” because the word “סֵדֶר” means “order” and each evening follows the order set out in the הַגְדָּה.</p>	<p>A23 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <ol style="list-style-type: none"> 1) Red wine is considered superior to other wines; 2) Red wine reminds us of the blood of Jewish children that פָּרְעֹה shed; 3) Red wine reminds us of the blood of the קֶרְבַּן פֶּסַח (Pesach sacrifice); 4) It reminds us of the blood on the doorposts; 5) It reminds us of the plague of blood - דָּם. 	<p>A24 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The salt water represents the tears that the Jews shed as they slaved in מִצְרַיִם;</p>
<p>A25 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <p>The removal of some wine from the full cup indicates that one’s ‘cup of joy’ cannot be full to overflowing when human lives are lost before they have had their full chance of using their lives properly. The Egyptians were destroyed before they had used their full chance because they tried to destroy the Jewish people.</p>	<p>A26 Pesach Seder Question Cards Children ask ~ Adults Answer! The reason is that this paragraph was written at a time when Aramaic was the spoken language of most Jews and the Rabbis wanted everyone to understand it, especially the invitation to guests to come to the סֵדֶר .</p>	<p>A27 Pesach Seder Question Cards Children ask ~ Adults Answer!</p> <ol style="list-style-type: none"> 1. לֶחֶם עוֹנֵי means “bread of poverty”; מִצָּה has this name because it has simple ingredients - flour and water - and remains thin and flat. 2. מִצָּה was a good food for poor people since it is not digested as quickly as bread; a small amount would keep one satisfied for longer. 3. לֶחֶם עוֹנֵי can also mean “bread on which we answer questions” and this is how the Seder night works.

<p>Q28 Pesach Seder Question Cards Children ask ~ Adults Answer! In the הגדה we read, "עֲבָדִים הָיינוּ לְפָרְעָה בְּמִצְרַיִם" - "We were slaves to Pharaoh in Egypt." Why does it have to say "...to Pharaoh in Egypt"? would it not simply have been enough to say, "we were slaves"?</p>	<p>Q29 Pesach Seder Question Cards Children ask ~ Adults Answer! In the הגדה we read, "בְּרוּךְ הַמָּקוֹם" Why do we refer to Hashem using the name, "מָקוֹם" (Place)?</p>	<p>Q30 Pesach Seder Question Cards Children ask ~ Adults Answer! I seem to remember that the זְרוּעַ (the bone) and the בֵּיצָה (egg) on the קַעֲרָה (the seder plate) have similar symbolic meanings, but I can not remember what they are! Of what do these two items remind us?</p>
<p>Q31 Pesach Seder Question Cards Children ask ~ Adults Answer! How do you make the חֲרוֹסֶת?</p>	<p>Q32 Pesach Seder Question Cards Children ask ~ Adults Answer! What is the חֲזַרְת and when do we eat it?</p>	<p>Q33 Pesach Seder Question Cards Children ask ~ Adults Answer! Why do we have the חֲרוֹסֶת?</p>
<p>Q34 Pesach Seder Question Cards Children ask ~ Adults Answer! Why do we wash our hands at וְרָחַץ?</p>	<p>Q35 Pesach Seder Question Cards Children ask ~ Adults Answer! Why do we say two בְּרָכוֹת on the מִצָּה?</p>	<p>Q36 Pesach Seder Question Cards Children ask ~ Adults Answer! When and how must we recline (הִסְבִּיהַ - leaning)?</p>

<p>A28 Pesach Seder Question Cards Children ask ~ Adults Answer! The בעל ההגדה (author of the Hagadah) wants to inform us that this was not an ordinary form of slavery but rather a very difficult one. פרעה was a harsh and stern king and the enslavement in Egypt was very tough and it was impossible to escape.</p>	<p>A29 Pesach Seder Question Cards Children ask ~ Adults Answer! Hashem is called מָקוֹם - "Place" - because, "<u>Hashem is the place of the universe and not that there is a universe that is the place of Hashem.</u>" As a small child, the great Rabbi, the Chidushei HaRim was offered three rubles if he could answer, "Where is Hashem?" He answered: "I will give you six rubles if you can tell me where Hashem is not!"</p>	<p>A30 Pesach Seder Question Cards Children ask ~ Adults Answer! The זְרוּעַ (the bone) reminds us of the קָרְבַּן פֶּסַח (the special Pesach sacrifice) and the בֵּיצָה (the hard-boiled egg) reminds us of the קָרְבַּן חֲגִיגָה (the regular festival sacrifice).</p>
<p>A31 Pesach Seder Question Cards Children ask ~ Adults Answer! The חֲרוֹסֶת is made mainly from apples and nuts (as well as other optional ingredients such as dates, figs, pomegranates, ginger, cinnamon sticks) and then mixed with wine.</p>	<p>A32 Pesach Seder Question Cards Children ask ~ Adults Answer! The חֲזַרְת is the same herbs or vegetables used for the מְרוֹר and are used for the כּוֹרֵךְ part of the סֵדֶר, which is when we make a sandwich of מְרוֹר in מִצָּה.</p>	<p>A33 Pesach Seder Question Cards Children ask ~ Adults Answer! חֲרוֹסֶת is similar in appearance to clay which is made of straw stubble and water. It reminds us of the clay, or mortar, which the Jewish people used for making bricks during the slavery in Egypt.</p>
<p>A34 Pesach Seder Question Cards Children ask ~ Adults Answer! At the time when we still had the בֵּית הַמִּקְדָּשׁ it was the הלכה (law) that people should wash their hands before eating food which had been washed or dipped in a liquid. Now we only do this on the סֵדֶר night before dipping the כֶּרֶפֶס vegetable in salt water.</p>	<p>A35 Pesach Seder Question Cards Children ask ~ Adults Answer! ... is a בְּרָכָה for eating the מִצָּה; ... is for doing the מִצְוָה of eating the מִצָּה at the סֵדֶר.</p>	<p>A36 Pesach Seder Question Cards Children ask ~ Adults Answer! One must recline, or lean, while drinking each of the four cups - the אַרְבַּע כּוֹסוֹת - the כּוֹרֵךְ and the מִצָּה, and while eating the אֶפְיֻקִּיּוֹן</p>

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